

FALL PROTECTION TEST QUESTIONS

Name: _____
Date: _____

1. You can fall from any height and be seriously injured or killed.
 - a. True
 - b. False

2. Which of the following are types of fall protection?
 - a. Guardrails
 - b. Safety nets
 - c. Cover
 - d. Personal fall arrest system
 - e. All of the above

3. A body harness should be inspected before each use.
 - a. True
 - b. False

4. All lanyards are the same.
 - a. True
 - b. False

5. It is o.k. to use a lanyard again after a fall.
 - a. True
 - b. False

6. Snaphooks should only be connected to the D ring and anchor point.
 - a. True
 - b. False

7. A safety monitoring system is a way to prevent falls.
 - a. True
 - b. False

8. A competent person is a safety monitor of the job site and is a full time job.
 - a. True
 - b. False

9. Once you are trained in Fall Protection, you are certified for life.
- a. True
 - b. False
10. If you have questions about fall protection or other safety concerns, who should you ask?
- a. A co-worker
 - b. Your Supervisor
 - c. OSHA
 - d. None of the above